

MOTHER OF OUR REDEEMER CATHOLIC SCHOOL

MENU

October 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2 Baked Ziti Caesar Salad Bread Fresh Fruits Milk	3 Chicken Fajita Chips Garden salad Fruits Milk	4 Chinese Rice Egg Roll Plantain Fresh Fruits Milk	5 Baked Chicken Yellow Rice Sweet Plantain Garden Salad Fresh Fruits Milk	6 EARLY RELEASE Sandwich Ham/Turkey/Cheese Chips Fruits Milk
	9 Imperial Rice Sweet Plantains Pudding Milk/Juice	10 Chicken Fricassee White Rice Vegetables Jell -O- Milk	11 Spaghetti/Meatballs Garden Salad Garlic Bread Fruits Milk	12 Grilled Chicken Yellow Rice Green Beans Fruits Milk	13 Shredded Beef White Rice Red Beans Fresh Fruits Milk
	16 Hamburger French Fries Garden Salad Fruits Milk	17 Chicken Nuggets French Fries Garden Salad Jell-O Milk	18 Hot Dog Chips Fresh Fruits Milk	19 Ground Beef White Rice Black Beans Fruits Milk	20 Mac & Cheese Caesar Salad Fresh Fruits Milk
	23 Soft Taco Chips Garden salad Apple Sauce Milk	24 Pasta w/Alfredo Sauce Caesar Salad Garlic Bread Fresh Fruits Milk	25 Stew Beef White Rice Red Beans Fruits Milk	26 Chicken Teriyaki White Rice Vegetables Apple Sauce Milk	27 <p style="text-align: center;">PIZZA</p> Caesar Salad Fresh Fruits Milk
	30 Steak Sandwich Chips Fruits Milk	31 Chicken Milanese Mashed Potatoes Corn Jell-O Milk		Stew Beef White Rice Red Beans Fruits Milk	

*Note: Menus are subject to change without notice.

*Daily Substitution: Cheese/Turkey or Ham Sandwich

Student's Name: _____ Grade: _____

October 1st - October 31st Total 22 Days

PK3 - PK4 Daily Lunch Cost \$ 3.50

22 X 3.50 = 77.00

K - 8th Daily Lunch Cost \$ 4.50

22 X 4.50 = 99.00